Purdue Women's Club Health and Wellness Group

Medical marijuana Is it up in smoke?

September 20, 2018

Cynthia P. Koh-Knox, PharmD, RPh Clinical Associate Professor Purdue College of Pharmacy kohknox@purdue.edu

Outline of presentation

- History of marijuana as medicine
- Current states that have legalized marijuana for medical use
- Current Indiana laws about marijuana
- What is cannabis?
- Pros and cons about the use of medical marijuana
- Resources to learn more about medical marijuana

History of marijuana as medicine

- Chinese Emperor Fu His (ca. 2900 BC)
- 1450 BC Hebrew recipe (anointing oil) in Bible (Exodus 30:22-23)
- Cannabis pollen found on mummy of Rameses II, (d. 1213 BC)
- · ca. 1000-200 BC (India, Persia, Greece)

http://medicalmarijuana.procon.org

Years 70 - 1840

- 70 Roman text
- 200 Chinese anesthetic (with wine)
- 800-900 considered lethal poison (Islamic MD)
- 1538 hemp used in Middle Ages
- 1611-1762 plant brought to North America
- 1745-1775 George Washington grew plants
- 1774-1824 Thomas Jefferson grew plants
- 1799 Napoleon brings plant to Egypt
- 1840 Queen Victoria for menstrual cramps

http://medicalmarijuana.procon.org

Years 1850 - 1936

- 1850 Marijuana added to US Pharmacopeia
- 1911 Massachusetts first state to outlaw marijuana (Indiana 1913)
- 1928 Cannabis added to UK's "Dangerous Drug Act of 1928) (cocaine added in 1920)
- 1930s Parke-Davis, Eli Lilly, and Grimault & Co. marketed marijuana extracts and cigarettes
- 1936 Reefer Madness (cautionary film)

http://medicalmarijuana.procon.or



Reefer Madness 1936 (formerly Tell Your Children) Original trailer Reefer Madness clip (1:39) https://www.youtube.com/watchiv-sbjHOBJzhb0

Years 1942 - 1970

- 1942 Marijuana removed from US Pharmacopiea
- 1956 Marijuana included in the Narcotics Control Act of 1956
- 1964 Hebrew University of Jerusalem THC identified (same scientist first to synthesize)
- 1968 U of MS Official grower US government
- 1970 Marijuana classified as C-I (CSA)
- 1970 NORML (National Organization for the Reform of Marijuana Laws) founded

http://medicalmarijuana.procon.org

Years 1971 - 1986

- 1971 Nixon declares "war on drugs"
- 1973 DEA formed
- 1976 Netherlands decriminalizes marijuana
- 1978 Compassionate use (NIDA)
- 1978 NM passed first state law about medical marijuana
- 1986 Reagan signs Anti-Drug Abuse Act

http://medicalmarijuana.procon.or

Years 1988 - 1991

- 1988 DEA Judge Young recommends rescheduling to C-II
- 1989 DEA administrator overrules rescheduling
- 1994 US Court of Appeals (DC Circuit) final court decision
- 1990 cannabinoid receptors "discovered"
- 1991 Oncologists surveyed (n-599)
 - · 63% affirm efficacy
 - 53% in favor for making available by Rx

http://medicalmarijuana.procon.org

Years 1996-2008

- 1996 California Proposition 215 (State marijuana initiative)
- 2001 Supreme Court rules "There is no medical necessity exception to the CSA"
- 2004 AARP poll finds that 72% seniors support medical marijuana
- 2008 Two pounds of cannabis found buried in 2,700-year-old Chinese tomb

http://medicalmarijuana.procon.org

Years 2010-2014

- 2010 Iowa Board of Pharmacy recommends rescheduling of marijuana
- 2011 Study finds legal medical marijuana reduces fatal car accidents
- 2014 US Justice Department will not enforce federal marijuana laws on Native American reservations

http://medicalmarijuana.procon.org

www.procon.org

- ProCon.org is a 501(c)(3) nonprofit nonpartisan public charity that provides well-sourced pro, con, and related research on more than 50 controversial issues, from gun control and death penalty to illegal immigration and alternative energy. With more than 12,000 pages of highly curated, referenced content, ProCon.org provides a platform for people to question information, evaluate opposing views, and debate them in a respectful way.
- ProCon.org Mission Statement: "Promoting critical thinking, education, and informed citizenship by presenting controversial issues in a straightforward, nonpartisan, and primarily pro-con format."



States with specific laws about legal cannabidiol * Failed legislation in 2017

South Carolina^{*} Alabama Georgia South Dakota Indiana* Tennessee* lowa* Texas* Kentucky* Utah* Mississippi* Virginia* Missouri Wisconsin* North Carolina Wyoming Oklahoma*

https://medicalmarijuana.procon.org

Indiana

On Apr. 27, 2017, Gov. Eric Holcomb signed HB 1148 into law, allowing the use of cannabidiol that is at least 5% CBD and contains no more than 0.3% THC for treatment-resistant epilepsy.

On Mar. 21, 2018, Gov. Holcomb signed SB 52 into law, which allows distribution and retail sale of low-THC hemp extract, defined as a product (1) derived from *Cannabis sativa L*. that meets the definition of industrial hemp;

(2) that contains not more than 0.3% delta-9-THC (including precursors); and

(3) that contains no other controlled substances."

http://medicalmarijuana.procon.or

Indiana laws about marijuana					
Offense	Penalty	Incarceration	Max. Fine		
<u>Possession</u>					
30 g or less	misdemeanor	1 year	\$ 5,000		
More than 30 g	felony	6 mos - 3 yrs	\$ 10,000		
Conditional discharge may be available for first-time offenders					
Sale or Cultivation					
30 g or less	misdemeanor	1 year	\$ 5,000		
30 g - 10 lbs	felony	6 mos - 3 yrs	\$ 10,000		
More than 10 lbs	felony	2 - 8 yrs	\$ 10,000		
Within 1000 feet of a school or other specified areas	felony	2 - 8 yrs	\$ 10,000		
To a minor	felony	6 mos - 3 yrs	\$ 10,000		
	http://norml.org/laws/penalties/item/indiana-penalties-2				

Indiana laws about marijuana					
<u>Offense</u>	<u>Penalty</u>	Incarceration	Max. Fine		
Hash and Concentrates					
Possession	felony	1 year	\$ 5,000		
Manufacture	felony	1 year	\$ 5,000		
<u>Paraphernalia</u>					
Possession of paraphernalia	infraction	N/A	\$ 10,000		
Subsequent conviction	felony	6 mos-3 yrs	\$ 10,000		
Miscellaneous (license suspensions, civil damages)					
Presence where knowledge of drug activity occurs	misdemeanor	6 mos	\$ 1,000		
Possession, sale, or distribution conviction will result in a driver's license suspension.					
	h	ttp://norml.org/laws/penalties/	/item/indiana-penalties-2		

What is cannabis? Botanical classification Family: Cannabaceae Genus: Cannabis Species: sativa; indica; ruderalis Common names Marijuana, marihuana, pot, weed, grass, Mary Jane https://accesspharmacy.mhmedical.com/content.aspx?sectionid=175218675&bookid=2249&jumpsectionID=175218764&Resultclick=2#1148435676

Endocannabinoid system

In the brain and body, there are <u>CB1 and CB2 receptors</u>. Endogenous <u>CB1 ligands</u> that are rapidly synthesized by neurons in response to calcium influx or activation of acetylcholine and glutamate receptors. When CB1 receptors are activated, neurotransmitters release is <u>suppressed</u>.

Cannabinoids may affect memory, cognition, and pain perception.

Constituents in cannabis

- Over 480 constituents have been identified
- <u>Delta-9 tetrahydrocannabinol</u> (THC), cannabinol (CBN), and cannabinodiol (CBDL) produce psychoactive effects
- <u>Cannabidiol</u> (CBD), cannabigerols (CBGs), and cannabichromenes (CBCs) are not known to have psychoactive properties

https://accesspharmacy.mhmedical.com/content.aspx?sectionid=192534128 &bookid=2129&jumpsectionID=192534168&Resultclick=2#1155960382

Pharmaceuticals based on cannabis

Chemicals taken directly from plant

- ► Sativex® (not in US)
- ► Epidiolex (June 25, 2018) (CBD) Synthetic chemicals
 - ► dronabinol (Marinol®) (THC)

Chemicals similar but not found in plants

- ▶ nabilone (Cesamet[™]) (THC)
- ▶ (not FDA-approved) dexanabinol; CT-3; cannabinor; HU 308; HU 331

Same pathways in brain (but not like MJ)

rimonabant (Acomplia™) (withdrawn from market); taranabant/MK-0364

http://medicalmarijuana.procon.org

Synthetic marijuana



Chemical name: JWH-018

JW Huffman - retired scientist at Clemson University Researched synthesized cannabinoids for treatment of glaucoma

and appetite stimulant (mice)

IC 35-48-4 Possession and sale of synthetic cannabinoids is illegal in IN (Level 6 felony)

https://www.in.gov/isdh/files/Spice%20FAQ_Final.pdf

Medical conditions treated with medical cannabis

- ► AIDS/HIV and AIDS wasting
- ▶ Alzheimer's disease
- ► Arthritis
- Asthma/ breathing disorders
- ► Cancer/nausea
- Crohn's/ gastrointestinal disorders
- Glaucoma

- ► Epilepsy/seizures
- ► Hepatitis C
- ▶ Migraines
- ▶ MS/muscle spasms
- ▶ Pain/analgesia
- Psychological conditions
- ▶ Tourette syndrome
- ► Terminally ill

Debate topics on the use of medical marijuana

- · Physician perspectives medical use
- US government officials' views
- · Health risks of smoked marijuana
- · Treating AIDs with marijuana
- · Marijuana use for the terminally ill
- · Marijuana versus Marinol®
- · Addictiveness of marijuana
- "Gateway" effect
- Medical marijuana debate and its effect on youth drug use

 https://medicalmarijuana.procon.org/viewzresource.php?resource

Deaths from marijuana v. 17 FDA-approved drugs (1997- 2005)

http://medicalmarijuana.procon.org/view.resource.php?resourceID=000145

Marijuana use and driving

https://www.cdc.gov/healthcommunication/toolstemplates/entertainmented/tips/marijuana-driving.html

Last updated on: 10/6/2017

Annual causes of death in US CDC (2015-2016)

- 1. Heart disease
- 2. Cancer
- 3. Accidents (unintentional injuries)
- 4. Chronic lower respiratory disease
- 5. Cerebrovascular diseases
- 6. Alzheimer's disease
- 7. Diabetes mellitus
- 8. Influenza/pneumonia
- 9. Nephritis, nephrotic syndrome, nephrosis
- 10. Intentional self-harm (suicide)

https://www.cdc.gov/nchs/data/nvsr/nvsr67/nvsr67_06.pdf National Vital Statistics Report. Volume 64, No 2, February 16, 2016.

Charlotte's Web (4:24)

https://www.youtube.com/watch?v=9XHEoUeAD7s

Oliver Miller (6:39)

https://www.youtube.com/watch?v=7UR1UTAVpIM



Resources for more information

- ► The American Alliance for Medical Cannabis <u>www.letfreedomgrow.com</u>
- The National Association of Cannabis Pharmacy <u>www.cannabisrx.org</u>
- American Cannabis Nurses Association www.americancannabisnursesassociation.org
- ► International Association for Cannabinoid Medicine
 - http://cannabis-med.org
- Marijuana Science Forum http://marijuanascienceforum.org

Resources for more information

- ► Medical Cannabis Caregivers Institute <u>www.mccdirectory.org</u>
- ► National Institute on Drug Abuse <u>www.drugabuse.gov</u>
- National Organization for the Reform of Marijuana http://norml.org
- ► Office of National Drug Control Policy <u>www.whitehouse.gov</u>
- ▶ Patients Out of Time www.medicalcannabis.com
- ► United Patients Group www.unitedpatientsgroup.com

Thank you for your attention!

kohknox@purdue.edu